

3. 身長別 計測値

1 計

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
90 cm	—	—	—	12.0	48.0	53.0
91	—	—	—	14.3	50.8	51.6
92	12.0	50.0	53.0	13.8	52.7	54.0
93	14.2	51.0	53.6	13.0	50.1	52.5
94	15.0	55.0	51.0	14.1	48.9	54.8
95	13.1	49.3	53.3	14.6	51.3	54.7
96	28.9	52.9	55.6	14.6	51.1	54.8
97	14.3	52.0	54.9	15.1	50.7	54.9
98	14.8	52.0	56.8	14.8	51.1	56.0
99	14.8	51.8	55.7	15.0	51.7	56.6
100	15.5	52.9	57.0	15.4	51.9	57.0
101	16.8	53.3	57.6	15.6	51.9	57.6
102	15.9	53.0	57.7	15.9	52.4	57.7
103	16.4	53.5	58.5	16.2	52.6	58.2
104	16.5	53.9	58.8	16.5	52.9	58.8
105	16.9	54.2	59.3	16.9	53.3	59.4
106	17.3	54.5	59.7	17.1	53.6	59.8
107	17.6	54.7	60.3	17.4	53.8	60.2
108	17.9	55.0	60.6	17.7	54.1	60.7
109	18.2	55.3	61.3	18.1	54.3	61.3
110	18.6	55.7	61.8	18.3	54.5	61.7
111	18.9	56.0	62.4	18.7	54.8	62.3
112	19.3	56.3	62.9	19.1	55.2	62.8
113	19.6	56.6	63.3	19.5	55.5	63.3
114	20.0	56.9	63.9	19.8	55.7	63.8
115	20.4	57.2	64.4	20.2	56.1	64.3
116	20.8	57.5	64.9	20.6	56.4	64.8
117	21.1	57.8	65.3	21.0	56.6	65.3
118	21.6	58.3	65.8	21.3	57.0	65.7
119	22.0	58.5	66.2	21.7	57.3	66.1
120	22.5	59.1	66.8	22.3	57.8	66.6
121	22.8	59.4	67.2	22.7	58.1	67.1
122	23.4	59.7	67.6	23.2	58.5	67.6
123	23.9	60.2	68.1	23.6	58.8	68.0
124	24.3	60.6	68.6	24.2	59.3	68.4
125	24.8	61.0	69.1	24.7	59.8	68.9
126	25.3	61.4	69.4	25.2	60.2	69.4
127	25.8	61.8	69.9	25.6	60.5	69.8
128	26.2	62.0	70.3	26.1	61.0	70.2
129	26.9	62.7	70.7	26.7	61.3	70.6
130	27.7	63.3	71.3	27.3	61.8	71.2
131	28.1	63.5	71.6	27.9	62.3	71.6
132	28.8	64.0	72.1	28.4	62.7	72.0
133	29.4	64.7	72.5	28.9	63.2	72.4
134	30.0	64.9	72.9	29.8	63.9	72.9
135	30.5	65.4	73.3	30.2	64.2	73.3
136	31.0	65.7	73.7	31.0	64.9	73.8
137	31.9	66.5	74.1	31.4	65.3	74.2
138	32.3	66.7	74.5	32.0	65.6	74.7
139	33.1	67.2	74.9	32.5	66.2	75.1
140	34.0	67.9	75.4	33.5	67.1	75.7
141	34.9	68.6	75.9	34.4	67.8	76.3
142	35.3	68.7	76.2	35.3	68.7	76.9
143	36.3	69.5	76.6	36.3	69.7	77.5
144	36.9	69.9	77.0	37.1	70.4	77.9

の平均値

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
145 cm	37.6	70.4	77.5	38.4	71.6	78.5
146	38.5	71.1	77.9	39.6	72.7	79.3
147	39.0	71.3	78.3	40.9	73.7	79.9
148	39.8	71.8	78.9	42.0	74.6	80.4
149	40.6	72.3	79.3	43.1	75.4	80.9
150	41.5	72.9	79.8	44.2	76.3	81.5
151	42.3	73.3	80.4	45.3	77.0	82.1
152	43.4	74.1	80.9	46.3	77.7	82.6
153	43.9	74.4	81.4	47.3	78.3	83.0
154	44.3	74.6	82.0	48.1	78.8	83.5
155	45.3	75.3	82.4	48.9	79.2	84.0
156	46.4	76.2	83.2	49.7	79.6	84.4
157	47.4	76.6	83.6	50.4	79.9	84.9
158	48.3	77.5	84.2	51.2	80.3	85.3
159	49.2	78.0	84.8	51.8	80.6	85.7
160	50.3	78.7	85.4	52.8	81.0	86.1
161	51.3	79.4	86.0	53.5	81.3	86.6
162	52.2	80.0	86.6	54.2	81.6	87.0
163	53.3	80.8	87.1	54.9	81.8	87.4
164	54.2	81.4	87.6	55.8	82.3	87.8
165	55.1	81.8	88.1	56.6	82.5	88.4
166	56.3	82.5	88.6	56.8	82.5	88.7
167	57.0	82.8	89.1	57.9	82.9	89.0
168	57.9	83.4	89.5	57.8	82.8	89.4
169	58.8	83.9	90.0	58.9	83.3	90.0
170	59.6	84.3	90.4	60.0	84.1	90.4
171	60.6	84.9	90.9	60.0	83.8	90.5
172	61.0	84.9	91.3	57.7	81.7	89.1
173	61.9	85.4	91.7	61.0	82.7	91.3
174	63.0	85.9	92.2	62.5	84.0	91.0
175	63.7	86.2	92.7	60.5	81.9	89.3
176	64.5	86.4	93.1	67.9	89.3	92.8
177	64.8	86.5	93.4	61.8	81.6	91.6
178	66.0	86.9	93.9	58.6	81.7	92.0
179	66.5	87.2	94.0	—	—	—
180	67.8	87.9	94.7	77.0	89.0	97.0
181	69.2	88.0	95.2	46.0	80.0	85.0
182	69.9	89.0	95.7	87.0	99.0	99.0
183	70.8	89.1	96.1	—	—	—
184	68.4	87.9	95.7	44.0	75.0	79.0
185	71.3	88.9	96.6	—	—	—
186	72.4	89.3	96.6	—	—	—
187	74.6	91.3	97.5	—	—	—
188	70.9	89.1	97.6	—	—	—
189	64.2	84.9	94.3	54.0	81.0	88.0
190	70.5	87.6	97.9	—	—	—
191	75.4	89.7	98.2	—	—	—
192	84.5	95.0	100.0	—	—	—
193	78.5	96.8	99.0	—	—	—
194	73.0	87.0	98.0	—	—	—
196	67.1	91.2	92.3	—	—	—

3. 身長別 計測値

2 幼稚園

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
90 cm	—	—	—	12.0	48.0	53.0
91	—	—	—	14.3	50.8	51.6
92	12.0	50.0	53.0	13.8	52.7	54.0
93	14.2	51.0	53.6	13.0	50.1	52.5
94	15.0	55.0	51.0	14.1	48.9	54.8
95	13.1	49.4	53.8	13.4	50.3	54.6
96	32.5	52.5	54.5	14.6	51.1	54.9
97	14.4	51.9	54.8	15.2	50.7	54.9
98	14.8	51.9	56.7	14.5	50.8	55.5
99	14.8	51.8	55.7	14.9	51.5	56.2
100	15.4	52.9	56.7	15.5	51.9	56.9
101	16.8	53.2	57.3	15.6	52.0	57.5
102	16.0	53.1	57.7	15.9	52.5	57.5
103	16.4	53.4	58.3	16.2	52.6	58.1
104	16.6	53.9	58.6	16.5	52.9	58.7
105	17.0	54.2	59.2	16.9	53.2	59.3
106	17.4	54.5	59.6	17.3	53.7	59.6
107	17.7	54.7	60.2	17.5	53.9	60.1
108	18.0	55.1	60.5	17.9	54.2	60.5
109	18.4	55.4	61.2	18.3	54.5	61.2
110	18.8	55.8	61.6	18.6	54.7	61.5
111	19.1	56.0	62.2	19.0	55.1	62.0
112	19.4	56.4	62.5	19.3	55.4	62.5
113	19.9	56.8	63.0	19.8	55.8	62.9
114	20.3	57.3	63.7	20.2	56.3	63.5
115	20.7	57.4	64.1	20.8	56.9	63.9
116	21.3	58.0	64.6	21.1	57.0	64.5
117	21.5	58.2	65.0	21.4	57.2	64.8
118	22.2	58.7	65.7	22.2	58.0	65.2
119	22.8	59.2	65.7	22.3	58.4	65.6
120	22.9	59.3	66.4	23.3	59.1	66.4
121	24.2	60.7	67.0	24.1	60.1	66.4
122	24.1	60.1	67.5	24.8	59.6	67.4
123	25.4	62.0	68.0	25.8	61.7	67.5
124	28.1	63.2	68.4	25.1	59.9	68.6
125	26.8	62.2	68.7	26.7	62.7	67.6
126	28.0	63.6	69.4	28.5	64.2	69.5
127	27.0	62.9	68.6	33.3	68.6	69.6
128	27.3	64.3	69.3	30.3	67.5	69.6
129	26.1	59.2	71.7	26.0	61.0	74.0

の平均値(つづき)

3 小学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
95 cm	13.0	49.0	52.0	18.0	54.0	55.0
96	16.1	54.5	59.5	14.0	51.0	53.0
97	13.0	54.0	56.0	13.9	50.4	55.0
98	20.0	56.0	61.0	15.9	52.1	58.5
99	14.0	53.0	56.0	15.3	52.0	58.4
100	15.7	53.3	60.5	15.3	52.1	57.8
101	16.7	54.1	59.3	15.4	51.8	58.4
102	15.5	52.2	58.0	16.0	52.0	59.0
103	16.4	53.6	59.1	15.9	52.6	58.6
104	16.4	53.6	59.9	16.3	52.5	59.2
105	16.7	54.1	59.5	16.7	53.5	59.9
106	17.1	54.4	60.2	16.8	53.4	60.3
107	17.4	54.7	60.6	17.2	53.6	60.5
108	17.6	54.9	61.0	17.5	53.9	61.0
109	18.0	55.1	61.5	17.9	54.1	61.5
110	18.4	55.5	62.1	18.1	54.3	61.9
111	18.8	56.0	62.6	18.6	54.7	62.5
112	19.1	56.2	63.1	19.0	55.1	63.0
113	19.5	56.5	63.5	19.4	55.4	63.5
114	19.8	56.8	64.0	19.7	55.6	63.9
115	20.3	57.1	64.4	20.1	56.0	64.4
116	20.7	57.4	64.9	20.5	56.3	64.9
117	21.1	57.8	65.3	20.9	56.6	65.3
118	21.6	58.3	65.8	21.3	56.9	65.7
119	21.9	58.5	66.2	21.7	57.3	66.2
120	22.5	59.0	66.8	22.3	57.7	66.6
121	22.8	59.3	67.2	22.7	58.1	67.1
122	23.4	59.7	67.6	23.1	58.4	67.6
123	23.9	60.2	68.1	23.6	58.8	68.0
124	24.3	60.6	68.6	24.2	59.3	68.4
125	24.8	61.0	69.1	24.7	59.8	68.9
126	25.3	61.4	69.4	25.2	60.2	69.4
127	25.8	61.8	69.9	25.6	60.5	69.8
128	26.2	62.0	70.3	26.1	60.9	70.2
129	26.9	62.7	70.7	26.7	61.3	70.6
130	27.7	63.3	71.3	27.3	61.8	71.2
131	28.1	63.5	71.7	27.9	62.3	71.6
132	28.8	64.0	72.1	28.4	62.7	72.0
133	29.4	64.7	72.5	28.9	63.2	72.4
134	30.0	64.9	72.9	29.7	63.8	72.9
135	30.5	65.4	73.3	30.2	64.2	73.3
136	31.0	65.7	73.7	31.0	64.8	73.8
137	31.9	66.4	74.1	31.4	65.1	74.2
138	32.3	66.7	74.5	32.0	65.5	74.7
139	33.1	67.2	74.9	32.5	66.0	75.1
140	34.0	67.9	75.5	33.4	66.7	75.6
141	35.0	68.7	75.9	34.1	67.3	76.2
142	35.5	68.8	76.3	34.9	68.0	76.7
143	36.6	69.7	76.7	35.6	68.7	77.3
144	37.1	70.0	77.1	36.1	68.9	77.6
145	37.7	70.5	77.6	37.1	69.9	78.1
146	39.1	71.6	78.0	38.3	70.9	78.8
147	39.7	72.0	78.4	39.0	71.3	79.3
148	40.6	72.5	79.0	39.6	71.7	79.6
149	41.2	72.6	79.4	40.8	72.5	80.2
150	42.4	73.5	79.8	41.2	72.8	80.7
151	43.0	73.7	80.5	42.2	73.5	81.2
152	44.6	75.0	80.7	43.1	74.2	81.8
153	44.8	74.9	81.3	44.3	75.1	82.2
154	44.9	74.8	81.8	44.4	74.9	82.6
155	45.9	75.3	82.4	46.4	76.3	83.4
156	47.0	76.0	82.6	47.4	76.6	83.7
157	49.6	78.0	82.8	47.3	76.5	84.3
158	49.1	77.3	83.6	47.9	76.9	84.6
159	49.4	77.2	83.9	48.1	77.1	84.9
160	52.8	79.6	85.1	49.6	77.9	84.4
161	53.1	80.5	85.4	50.0	76.9	86.1
162	52.9	79.9	85.7	53.9	80.6	86.6
163	52.5	77.9	86.1	49.9	78.5	85.9
164	56.6	82.5	86.5	51.6	77.7	87.0
165	54.1	79.6	87.6	49.2	77.0	86.9
166	55.6	78.7	88.0	50.6	78.4	86.1
167	64.5	83.3	90.5	41.1	70.3	76.8
168	44.2	74.2	84.5	—	—	—
169	56.6	80.2	88.8	53.0	79.0	91.0
170	57.0	81.4	90.2	—	—	—
171	90.0	103.0	94.0	51.3	81.0	82.9
172	64.0	84.0	89.0	—	—	—

3. 身長別 計測値

4 中学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
110 cm	—	—	—	36.0	73.0	72.0
114	39.0	69.0	79.0	26.0	63.0	68.0
116	—	—	—	34.0	75.0	53.0
117	34.1	68.8	71.9	—	—	—
118	22.0	57.0	66.0	22.0	58.0	63.0
121	26.7	65.7	69.7	24.0	60.0	71.0
122	24.2	59.2	67.6	30.3	66.4	72.6
123	39.6	70.6	72.1	25.0	60.0	66.0
124	35.1	68.8	73.0	29.7	69.1	70.1
125	25.3	63.4	70.2	32.6	71.7	72.3
126	27.4	63.5	70.6	29.2	68.1	69.0
127	29.2	64.1	68.6	31.0	66.4	71.9
128	29.9	65.0	70.0	27.9	64.4	71.3
129	27.7	64.2	70.2	26.3	62.7	69.3
130	28.1	64.5	70.5	28.3	63.7	71.7
131	29.1	64.7	71.3	28.1	63.6	71.8
132	29.2	64.9	71.4	29.8	66.1	72.2
133	30.0	65.4	72.1	30.3	66.0	72.7
134	30.3	65.6	72.5	31.0	66.2	73.2
135	31.2	66.1	72.7	30.8	66.0	73.5
136	31.3	66.2	73.3	32.1	67.6	74.4
137	32.1	66.9	73.7	32.1	67.4	74.7
138	32.3	66.8	74.1	32.9	67.9	75.3
139	33.1	67.2	74.8	33.0	68.0	75.2
140	33.7	67.7	75.1	34.5	69.3	76.1
141	34.4	68.3	75.7	35.3	69.6	76.7
142	34.9	68.5	75.9	36.0	70.3	77.2
143	35.7	69.0	76.5	37.0	71.2	77.8
144	36.5	69.5	76.9	38.1	72.0	78.4
145	37.3	70.2	77.4	38.9	72.6	78.9
146	37.9	70.5	77.8	39.9	73.2	79.5
147	38.4	70.8	78.3	40.8	74.1	80.0
148	39.2	71.3	78.8	41.8	74.6	80.4
149	40.2	72.1	79.3	42.7	75.2	81.0
150	41.1	72.5	79.8	43.5	75.8	81.5
151	42.0	73.0	80.3	44.4	76.3	82.0
152	42.9	73.8	80.9	45.3	76.8	82.5
153	43.5	74.1	81.4	46.0	77.2	82.9
154	44.1	74.4	81.9	47.0	77.7	83.4
155	44.8	74.9	82.3	47.6	78.0	83.8
156	45.9	75.6	83.0	48.3	78.3	84.2
157	46.7	75.9	83.4	49.0	78.7	84.7
158	47.5	76.6	83.9	49.7	79.0	85.1
159	48.3	77.0	84.5	50.5	79.4	85.6
160	49.3	77.6	85.0	51.4	79.9	86.0
161	50.3	78.3	85.5	52.0	80.0	86.3
162	50.8	78.4	86.1	52.6	80.3	86.7
163	52.1	79.4	86.5	53.6	80.7	87.3
164	52.7	79.7	87.0	54.2	81.0	87.5
165	53.7	80.2	87.5	54.9	81.1	88.2
166	54.8	80.8	88.0	55.4	81.4	88.5
167	55.6	81.1	88.6	56.1	81.7	88.7
168	56.3	81.3	88.9	55.7	81.8	88.9
169	57.2	82.1	89.4	56.4	81.5	89.4
170	58.2	82.6	89.9	58.1	82.3	90.5
171	59.4	83.1	90.4	58.7	83.3	90.5
172	59.2	82.7	90.9	59.6	82.7	90.5
173	60.8	83.8	91.3	62.0	83.9	91.0
174	61.3	84.0	91.7	58.6	80.5	91.5
175	61.7	83.9	92.3	65.5	83.9	91.8
176	62.4	84.1	92.5	60.1	85.1	91.5
177	63.2	84.7	93.1	58.0	84.0	93.0
178	64.5	85.5	93.5	58.6	81.7	92.0
179	65.7	85.9	94.1	—	—	—
180	66.0	85.3	94.1	77.0	89.0	97.0
181	68.4	87.3	94.8	46.0	80.0	85.0
182	65.6	84.7	95.3	87.0	99.0	99.0
183	68.7	87.8	96.7	—	—	—
184	73.1	87.7	96.5	44.0	75.0	79.0
185	76.7	90.0	98.9	—	—	—
186	68.5	86.5	97.0	—	—	—
188	66.6	82.3	98.1	—	—	—
189	69.0	83.0	99.0	54.0	81.0	88.0
196	77.0	92.0	90.0	—	—	—

の平均値(つづき)

5 高等学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
122 cm	31.0	68.0	73.0	—	—	—
125	—	—	—	28.0	65.0	74.0
132	—	—	—	40.0	74.0	76.0
133	—	—	—	41.6	76.9	77.6
134	—	—	—	51.5	78.8	85.7
136	33.0	74.0	74.0	42.3	79.5	75.8
137	37.4	74.6	73.4	42.6	78.5	76.8
138	36.6	72.0	70.3	40.6	76.6	77.2
139	32.6	67.7	75.4	41.2	77.3	77.5
140	122.4	81.3	75.7	42.3	78.8	79.6
141	41.0	70.0	82.0	43.4	78.2	79.4
142	34.2	68.6	77.1	43.3	78.1	79.5
143	38.3	71.7	76.0	44.7	78.7	79.4
144	37.8	70.6	78.4	44.3	78.5	79.6
145	38.0	72.6	79.7	45.4	79.3	80.3
146	43.2	76.0	78.7	45.2	78.7	80.7
147	41.2	74.1	79.8	46.5	79.5	81.0
148	45.0	78.0	80.6	46.9	79.6	81.4
149	41.6	73.7	80.3	47.2	79.6	81.7
150	43.9	76.6	81.6	48.0	79.9	82.2
151	44.6	76.1	81.9	48.6	80.3	82.6
152	46.6	78.2	82.3	49.0	80.3	83.0
153	46.2	77.1	82.6	49.6	80.4	83.4
154	45.7	76.6	83.2	50.1	80.6	83.8
155	48.9	79.3	84.1	50.5	80.7	84.3
156	49.0	79.3	84.6	51.4	81.1	84.7
157	49.6	79.5	84.9	51.9	81.2	85.1
158	50.5	80.2	85.2	52.6	81.5	85.5
159	51.8	80.8	85.7	53.0	81.5	85.8
160	52.0	80.8	86.2	53.7	81.9	86.3
161	52.7	81.1	86.7	54.5	82.1	86.8
162	53.8	81.9	87.3	55.1	82.3	87.1
163	54.5	82.2	87.6	55.6	82.4	87.5
164	55.4	82.7	88.0	56.6	82.9	87.9
165	56.1	82.9	88.4	57.5	83.2	88.5
166	57.2	83.5	88.9	57.4	82.9	88.7
167	57.7	83.6	89.3	58.7	83.5	89.2
168	58.5	84.2	89.7	58.7	83.3	89.6
169	59.3	84.6	90.2	59.9	84.0	90.2
170	60.0	84.8	90.6	60.6	84.7	90.3
171	60.9	85.4	91.0	60.9	84.1	90.8
172	61.4	85.4	91.4	61.6	84.6	91.0
173	62.1	85.7	91.8	60.4	82.0	91.4
174	63.3	86.3	92.3	64.4	85.8	90.7
175	64.1	86.6	92.7	63.5	84.2	91.1
176	64.9	86.8	93.2	74.5	93.0	93.9
177	65.0	86.8	93.5	62.0	81.4	91.5
178	66.2	87.1	93.9	—	—	—
179	66.6	87.3	94.1	—	—	—
180	68.0	88.2	94.8	—	—	—
181	69.3	88.0	95.2	—	—	—
182	70.3	89.3	95.7	—	—	—
183	71.0	89.2	96.0	—	—	—
184	68.1	87.9	95.6	—	—	—
185	70.7	88.8	96.3	—	—	—
186	72.5	89.4	96.6	—	—	—
187	74.6	91.3	97.5	—	—	—
188	72.3	91.2	97.4	—	—	—
189	71.4	89.2	98.8	—	—	—
190	70.5	87.6	97.9	—	—	—
191	75.4	89.7	98.2	—	—	—
192	84.5	95.0	100.0	—	—	—
193	78.5	96.8	99.0	—	—	—
194	73.0	87.0	98.0	—	—	—
196	64.0	91.0	93.0	—	—	—